

Movement improvisation workshop with Elizabeth June Bergman

Thursday, July 8 • 6 to 7:30 pm
Heartland Hall (at Robin Welch Dance Arts)
8801 F Street, Omaha • \$10



For dancers, choreographers, and theater artists

This 90-minute workshop will explore the art of danced improvisation both as a method for generating new movement for choreographic purposes and as a practice to develop compositional awareness and spontaneity of expression.

The workshop will emphasize individual creativity while providing structure and tools with which to discover new movement possibilities and hone the ability to compose in the moment. The historical and philosophical aspects of movement improvisation as an art form will be touched on to give context to the physical, creative act. The participants will experience creating movement unique to their bodies and tastes and have the chance to improvise dances in small groups. Movers of all ages and technical abilities are encouraged to attend.

An open choreography showing will follow the workshop. Choreographers (whether they participated in the workshop or not) are invited to show segments of works in progress, with the *option* of receiving feedback from Elizabeth June Bergman, OMDC members, and the audience. **Please contact OMDC in advance** if you are interested in showing work. The showing is open to the public, with admission by voluntary donation.

Elizabeth June Bergman is a dancer, choreographer, teacher, and aspiring dance scholar. She holds a MFA in dance from the University of Iowa and a BA from DeSales University in Pennsylvania.

Elizabeth began her training at the Omaha Academy of Ballet. While living in Omaha she founded and directed Arcanum

Contemporary Dance, and danced with OMDC, the Moving Company, and Omaha Dance Project.

For the past year Elizabeth has been based in Minneapolis, where she has performed her own work as well as that of other dance artists in the community. Most recently her work has been presented by

the curators of "Renovate" at The Ritz Theater in Minneapolis and in the Dominican Republic as part of "Virtually Yours", a Jennifer Kayle and Charlotte Adams production.

Elizabeth's next artistic venture is a film and dance installation curated by The Soap Factory in Minneapolis at the end of July.

Sponsored by the Omaha Modern Dance Collective

For more info contact OMDC at 551-7473

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